



Week 3 Tracking

WEBELOS / ARROW OF LIGHTS – FOURTH AND FIFTH GRADERS AS OF APRIL 2021



Use this tracking tool for your Webelos and/or Arrow of Light Rank advancements for Week 3 of Spring BreakOut. While all the HomeScouting activities can be completed at home, they can also be completed at an in-person or virtual den meeting. Use the tracking tool below to record your completion of activities. This is for your use only and won't be turned in.

CUB SCOUT NAME: _____

WEEK 3 CHALLENGE >>>

A HomeScouting
Adventure

ZoomOut with your camera and plan a screen-free day with your family! Play yard games, board games, or go on a bike ride! Document the whole thing with your camera to create a keepsake.

Did you complete this week's challenge? YES NO


CONNECTED ADVANCEMENT >>>

Before getting started on connected advancements below, please note that almost ALL advancements in Scouting are screen-free activities. The connected advancements below are just a few you could earn during this week's challenge. Refer to your Cub Scout Handbook to connect other advancements to your activities.

Connected Advancement		Completed?
Stronger, Faster, Higher Webelos Required	Req. 2. Do these activities and record your results: 20 yard dash, vertical jump, lifting a 5 pound weight, push-ups, curls, jumping rope.	
	Req. 4. Try a new sport that you have never tried before.	
	Req. 5. With your den or family, prepare a fitness course or series of games that includes jumping, avoiding obstacles, weight lifting, and running. Time yourself going through the course, and try to improve your time over a two week period.	
	Complete reqs. 1 and 3 to complete Stronger, Faster, Higher!	
Build It Elective Adventure	Req. 1. Learn about some basic tools and the proper use of each tool. Learn about and understand the need for safety when you work with tools.	
	Req. 2. With the guidance of an adult, select a carpentry project and build it.	
	Req. 3. List the tools that you use safely as you build your project; create a list of materials needed to build your project. Put a checkmark next to the tools on your list that you used for the first time.	
	Complete req. 4 to complete Build It!	



HomeScouting Adventure Club (HAC) Connected Advancement

If there is a Webelos/AOL Waypoint next to the adventure or requirement above, you can fully complete it by clicking on the Webelos/AOL Waypoint  along The Trail. Here you will also find a detailed worksheet for this adventure.

Week 3 Tracking (continued)



CONNECTED ADVANCEMENT >>>

Connected Advancement		Completed?
Art Explosion Elective Adventure	Req. 2. Create two self-portraits using two different techniques, such as drawing, painting, printmaking, sculpture, and computer illustration.	
	Req. 3. Do two of the following: <ul style="list-style-type: none"> • Draw or paint an original picture outdoors, using the art materials of your choice. • Use clay to sculpt a simple form. • Create an object using clay that can be fired, baked in the oven, or air-dried. • Create a freestanding sculpture or mobile using wood, metal, papier-mâché, or found or recycled objects. • Make a display of origami or kirigami projects. • Create an original logo or design. Transfer the design onto a T-shirt, hat, or other object. • Using a camera or other electronic device, take at least 10 photos of your family, a pet, or scenery. Use photo-editing software to crop, lighten or darken, and change some of the photos (but make sure to do this after your screen-free day!) • Create a comic strip with original characters. Include at least four panels to tell a story centered on one of the points of the Scout Law. 	
	Req. 4a. Create a hard-copy or digital portfolio of your projects. Share it with your family and members of your den or pack.	
	Complete req. 1 to complete Art Explosion!	
Maestro! Elective Adventure	Req. 2. Do two of the following: <ul style="list-style-type: none"> • Make a musical instrument. Play it for your family, den, or pack. • Form a "band" with your den or family. Each member creates his/her own homemade musical instrument. Perform it! • Play two tunes on any band or orchestra instrument. • Teach your den or family the words and melody of a song. Perform it! • Create original words for a song. Perform it! • Collaborate with your den to compose a den theme song. Perform it at your pack meeting. • Write a song with words and music that expresses your feelings about an issue, a person, something you are learning, a point of the Scout Law, etc. Perform it! • Perform a musical number by yourself or with your den in front of an audience. 	
	Complete req. 1 to complete Maestro!	
Project Family Elective Adventure	Req. 6. Complete one of the following: <ul style="list-style-type: none"> • Hold a family meeting to plan an exciting family activity. The activity could include: <ul style="list-style-type: none"> • A family reunion • A family night • A family outing • Create a list of community service or conservation projects that you and your family can do together, and present it to your family. Select one project, plan it, and complete it with members of your family. 	
	Complete reqs. 1-5 to complete Project Family!	